

Our Request to the Citizens of Kyoto City

～ Steps to Prevent the Resurgence of COVID-19 ～

In Kyoto City, the COVID-19 pandemic is spreading at workplaces, schools, homes, facilities, as well as dining occasions. We would like to ask everyone again to cooperate with each of our steps against COVID-19.

Steps to Prevent Infection:

We'd like to ask you again to cooperate with these basic steps.

- **Wear your facemask, wash your hands, and Keep physical distance!**
(Be sure to wash your hands and gargle when you get home!)
- **Avoid the Three Cs (Closed spaces, Crowded places, Close-contact settings)**
- **Refrain from parties and drinking gatherings that involve loud conversations and singing**
(Be extra careful when your mask is off during your meals!)
- **Perform daily checks on your physical condition, such as body temperature measurements, and don't hesitate to take a day off if you're feeling sick.**



Prioritize stores with anti-COVID-19 measures!

Stores with anti-COVID-19 measures will have the Guideline Promotions Office's sticker displayed. Please follow the store's rules.
Please cooperate with the store's efforts against COVID-19 to dine safely with peace of mind.

Using the Kyoto City COVID-19 Tracking Service.

Register by scanning the store's QR code.
* Try also using the national contact-confirmation app COCOA.



Please also practice these additional steps:

- **Have good ventilation even when it's cold!**
[Recommended by The Novel Coronavirus Infectious Disease Control Subcommittee]
Constant Mechanical Ventilation
No ventilator? Open your windows to the extent it doesn't drop below room temperature.
(If you open your window a little, your room should be 18°C or more!)
- **Keep a moderate humidity! (around 40% or above)**
[Recommended by The Novel Coronavirus Infectious Disease Control Subcommittee]
- **Call your local clinic (primary care doctor) if you have a fever or other symptoms!**
- **Utilize the Kyoto city's influenza vaccination for elderly people!**



**“5 situations”
that increase the
risk of infection**

**Situation1
Social gatherings with
drinking alcohol**



**Situation2
Long feasts in large
groups**



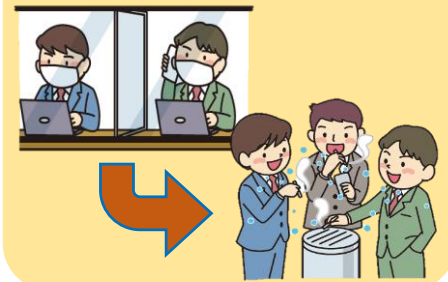
**Situation3
Conversation without a mask**



**Situation4
Living together in a small
limited space**



**Situation5
Switching locations**



Infection is likely to occur in these five situations. Please take extra care.



**If you feel uneasy about your
physical condition, call your
primary care doctor first!**



Call here for nights, holidays, etc.

**Dedicated consultation service for coronavirus infections
TEL 075-414-5487**

(24 hours, days including Saturday, Sundays and holidays)

***It is unacceptable to slander infected persons or medical personnel.
Please keep a cool head and act based on accurate information.***