

# Get the Facts on Tuberculosis!



Seal-boy  
fighting against  
Tuberculosis

**The sooner it is diagnosed and treated, the sooner it will be cured.**

## What is Tuberculosis?

Tuberculosis (TB) is a disease caused by “Tuberculosis germs” after they are taken into a body.



**You may already be infected with the TB germs if the following applies to you.**

- Before coming to Japan, you were in close contact with someone such as your family, friends or colleagues coughing.
- Your family or friends have ever been infected with TB.
- There is someone always coughing in the same place where you live now.



**Do you have any symptoms as listed below?**

- A cough or coughing up phlegm that lasts longer than **two weeks**.
- A continuous sense of tiredness and a slight fever
- Loss of appetite for a long time
- The cold does not go away. The cold medicine does not work.

## How can I tell if I get TB?

TB can be detected by blood tests, chest X-ray, and sputum testing.

If you have any symptoms\*, make sure that you visit a clinic or a hospital to see a doctor!

\*If you have any symptoms including the above-mentioned ones, the testing expenses shall be covered by your health insurance.

**If you have any of these symptoms, see a doctor either at a clinic or a hospital!**



## Is TB curable?

TB **can be cured with a course of antibiotics** prescribed by a doctor.  
Unless you complete the full course of antibiotics, TB cannot be cure or may be transformed to the one resistant to antibiotics.

**To treat TB, it is crucial to complete the whole course of antibiotics prescribed by a doctor!**

In Japan,  
there is a subsidy program for  
the treatment of TB!



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## The City of Kyoto provides support by public health nurses to its residents infected with TB.

The City of Kyoto provides TB patients with professional support by public health nurses of local ward offices/branch offices so that they can be cured of TB.

If you have any difficulties or concerns about your treatment and living during the treatment, you can receive a free consultation with a public health nurse!



### Contact: Health & Longevity Promotion Section of Your Local Ward Office

Ward Office/ Branch Office	Tel	F A X	Ward Office/ Branch Office	Tel	F A X
Kita Ward	075-432-1438	075-432-1590	Minami Ward	075-681-3573	075-681-1870
Kamigyo Ward	075-441-2872	075-441-0180	Ukyo Ward	075-861-2177	075-861-9559
Sakyo Ward	075-702-1219	075-702-1316	Nishikyo Ward	075-381-7643	075-393-0867
Nakagyo Ward	075-812-2544	075-812-0072	Rakusai Branch	075-332-8140	075-332-8420
Higashiyama Ward	075-561-9128	075-531-2869	Fushimi Ward	075-611-1162	075-611-7330
Yamashina Ward	075-592-3222	075-502-1677	Fukakusa Branch	075-642-3876	075-642-3240
Shimogyo Ward	075-371-7292	075-351-8752	Daigo Branch	075-571-6747	075-573-3785